AIKIDO CENTRE GYOFUKAN DOJO

Training Schedule Jan-Feb 2022.

As the case numbers and restrictions are reducing the dojo will operate classes on the schedule below. These classes or aikitaiso will stream on line* as will monthly seminar. In addition there will be an a Hachidanken/kiko revision on-line Wed. 13.00 – 14.00 until end of February. All online using google Meet* meet.google.com/ofg-nakq-wdd. There are no formalities about joining in, once admitted to the link you may have your video/audio on or off; microphone off once practice starts, leave any time or wait til end.

For those of you wishing to resume training (classes or courses):- the dojo we will continue to operate with precautions (eg like schools or indoor work) = on line induction (forms +), pre class registration, strict mask use, temperature checks, much ventilation, sanitisation, careful distancing, etc. members registering to attend classes are asked to provide proof of full vaccination x3 or equivalent. No one may enter or attend training without pre registration – for the moment. The updated Covid registration documentation will be issued in a separate mail.

Dojo (& stream*) class schedule Mon*. Wed*. Fri*. 18.30 & Thur. 13.00

Aikido training course 12th Feb . 2022 * 10-13.00 & 14.30 -17.00

Course Schedule 2022

Feb.12. Mar. 19/20. Apr. TBA Tenerife TBC APR 28-30? May 14. July TBA Summer course August 20/21.

"Progress comes to those who Train & Train"

"Ar Aghaidh Linn"

Contributions for dojo support or training fee payments may be made to:acct John Rogers IBAN IE 80BOFI 906734 83447173